

What to do... Where to go.....



As a parent you may be asking yourself now what?! Anyone attend other internet presentations? I hear this information, yet technology is the way of the future.....We cannot deny that.

Although we hear the dangers we cannot deny the great things social media and cellphones have brought to us.

Social Media allows us to stay connected to others- this is how kids are communicatingw/o it kids feel lost

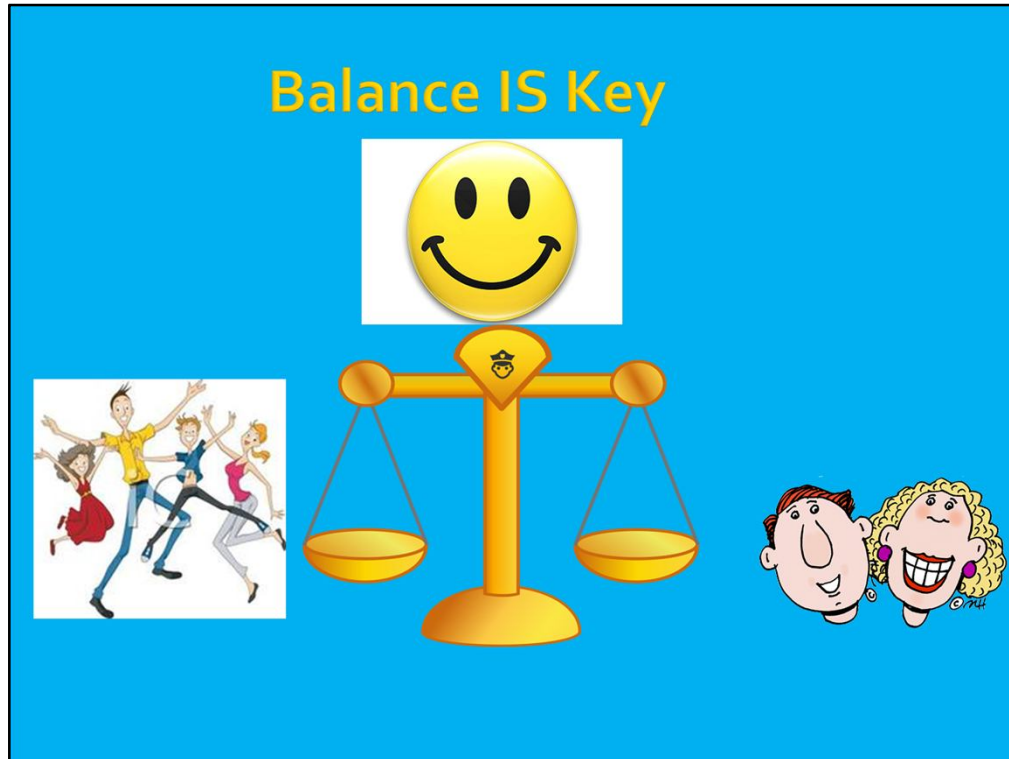
SNAPCHAT- "as good as having a conversation"

Texting- Whether we like it or not, this is how a lot of communication takes place-even between kids and parents

With the good comes a lot of other dynamics that we have to help our children manage

I am here to help give ideas on how to navigate this in a way that teaches responsibility, but also keeps our kids safe- not only from strangers but from themselves and their peers-

Our kids are at an age developmentally where their decision making may be skewed. They tend to be reactionary and impulsive and may not have the skills to deal with what comes their way



Teach balance...too much of anything is a bad thing....

Balance phone time.... with inperson time

Letter writing....texting

Friends..... family time

Junk food.....healthy eating

As parents we need to model this as well ...how much are we on our phones, etc

Believe it or not there are different views regarding how much parents need to be involved with their child's interactions on Social Media. Take what you hear tonight and find a balance for what work/fits for you and your children.

Where to begin

#1. Gain knowledge to make educated decisions

Device: What do you want and why?

What will you allow?

You are already doing this.....

www.bewebsmart.com

www.mediatechparenting.net

If possible, know this going in..... Kids know when you don't know

Starting with the device itself...What to buy? Android vs. Apple...monitoring harder....face time on apple vs. Android

Then consider the apps allowed- Instagram? Kik? Ask.FM? Snapchat?



Source: **SnapChat Guide for Parents**

Welcome to Snapchat, a new way to share moments with friends on iPhone and Android. We're excited that the Snapchat community is growing so quickly and we know that many people are new to the service. Until you try Snapchat for yourself, it may sound confusing or raise some questions. **You may ask yourself why anyone would want a photo to disappear if there isn't anything "wrong" with it?**

On traditional social networks, users tend to feel pressure to curate the perfect representation of their lives for their friends, coworkers, and relatives. It's normal to worry about what people in your network might think about the things that you post. Sometimes this means that we say things that we think people will like, rather than expressing who we really are.

Snapchat creates a place to be funny, honest or however else you might feel when you take and share a snap with family and friends. It's sharing that lives in the moment, and stays in the moment.

Our goal with this guide is to provide parents with detailed information about our product, as well as suggestions for how to handle issues and concerns that may arise. We encourage you to review these materials and have an open conversation with your family. Talking with your family about what is appropriate to share online is a great way to help make sure that everyone enjoys the Snapchat experience.

Instead of looking on the actual site...use the later

#2. Make Expectations Known and Agree on Basic Rules

- Whenever possible be proactive, not reactive
- What is your child ready for? How is your child doing in other areas? There is not an age limit for this one.
- It's ok to start slow- Not everyone else is "doing it" (An iPhone may not be the only option) - Know what you are getting into
- Set these expectations before introducing new technology

I am big on holding the reins...teaching them along the way. As your child has shown responsibility, maturity, trustworthiness...they get more privileges

Things to consider

Written rules are great- consider their input and get signatures

This is what you will use this forthis is not what it will be used for (dinner time, homework time, bedtime, sleepovers)

How much will you allow them to be on their phone- don't forget about social skills

This is how we will monitor your phone- agreeing on this up front will save you many arguments

Rules might include times phones cannot be used (bedtime, homework, dinner, sleepovers)...

Where do they go at night? Charging station in kitchen?

What sites/apps are acceptable?

Data usage??

And how you will monitor their phone?

#3 Monitor - This is INTENSE stuff

Minimum Step: “Your phone is my phone”

- Passwords
- Allow certain Apps on your phone
- Check history
- Don't allow for deletes

They KNOW when you DON'T KNOW

Minimum: Know passwords and how to navigate

Kids know how to work around this....Double Instagram accounts, create email accounts, change birthdates

Consider a Monitoring System

- Different programs offer different levels of monitoring
- Most comprehensive: TeenSafe.com (Apple)
Mymobilewatchdog.com (Android)
- Many more...even through your wireless provider
- Other helpful apps (Find My Friends)

Different views on this...I think there is too much at stake to take the risk....more parents don't monitor effectively

I am not monitoring to be the internet police.

I am protecting and teaching my own child. If I see another person acting irresponsible, I use it as a teaching/learning tool, not as a means to parent every other child....Only two times in the past three years have I gone forward with information I saw..

The number #1 reason to buy an Android phone- Androids are MUCH EASIER to monitor.

Using My Mobile Watchdog on an android I can set time control, app control, monitor text messages, alerts to email (pics/not contact), contacts, etc

I do plan to show that to you tonite

3rd Teach and Guide

Be prepared to discuss:

- ▣ What is appropriate? Online/In Person Filter??
- ▣ How to create a positive Digital Identity- What to share or not to share
- ▣ What can you do if you see this?- great lessons in empathy
- ▣ Do you really have 300 friends?
- ▣ Know when to say when? How much is too much?

They are growing up in a digital world that has no rules, guidelines or boundaries. We need to help them figure this out!